



EDI DISCUSSION SERIES

Supporting Mental Health in the Public Sector

Public sector employers agree that supporting employee mental health should be a priority, but the intent and actions can sometimes be worlds apart. Join us as we discuss how employers can make mental health support for employees a priority, work to promote positive mental health in the workplace, and look at what types of strategies can be implemented to remove the stigma and support those seeking mental health support.

Moderated by **Jamie Mayoh-Bauche** (*she/her*), JSGS Instructional Designer. This event will feature commentary from:

- **Lindsay Coffin** (*she/her*), Interim Associate Director of Human Capital at the Conference Board of Canada. Ms. Coffin has been involved with several projects aimed at understanding human capital trends and the evolving workplace.
- **Kabir Bhagaria** (*he/him*), Senior Manager, Employee Health and Safety, First West Credit Union. Passionate about employee health and keenly interested in psychological safety, Mr. Bhagaria has had the privilege of working for several large organizations where he established employee health programs and launched various initiatives.

Creating a diverse, inclusive and equitable public sector—where all employees feel represented, respected, and supported—is necessary to support the needs of Canada’s changing demographics. This EDI Discussion Series explores how governments can actively work to support marginalized communities and break down system barriers.

Jan. 25, 2023

12:00 - 1:30 p.m. (CST-SK)

Delivered over Zoom.

The EDI Discussion Series is proudly supported by the Max Bell Foundation.

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